THE IMPACT OF ECPR MEETINGS ON THE DEVELOPMENT OF OTHER SPECIALITIES AND OF PSYCHOSOMATIC MEDICINE IN EAST EUROPE

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OUTLINE

• The role of ENPM (H-C Deter)
• Psychosomatic Medicine in Romania
• Other East European countries
The role of ENPM
Mementos

- 1995 Berlin
- ECPR meetings
- ICPM
- APS
ERASMUS NETWORK ON PSYCHOSOMATIC MEDICINE

D.L. Dumitrascu, L. Poanta, HC Deter

ENPM Torino 2009
European Conference on
Psychosomatic Research 2014

June 25-28

Sibiu, Romania

Co-presidents: Dan L Dumitrascu, Paul J Porr

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MEETING OF THE EUROPEAN ASSOCIATION OF PSYCHOSOMATIC MEDICINE

SIBIU, ROMANIA
2014

25-28 June 2014
Psychosomatic Medicine in Romania
Medical education in Romania

Before 1990
• Difficulties of information in the 80s
• Logistical difficulties
• Lack of mobility
• Survey of international publications
• **Insufficient funding**
• Good training and foreign languages command

After 1990
• Freedom of mobility
• Easy access to references
• Funding issues
Medical education in Romania

Positive changes and aspects
- Better management
- Increased autonomy
- International cooperation
- Grants
- Other funding
- Evaluation

Negative changes or aspects
- Too many students
- Worse recruitment of students
- Preservation of the university nomenclatura
- Quality control mainly on paper
- Brain drain
- Social inequities
Medical education in Romania

• Effects of globalization
  - International projects, mobilities
    • Joint research programmes
    • Foreign doctorands in Romania
    • Training abroad of Romanian scholars
• optional courses of PM for medical students in Bucharest and Cluj
• courses of Health psychology and Clinical Psychology in Faculties of Psychology
• Optional courses for medical students
• In Romanian, English, French

• At beginning for the students 4-5th year
• Later for students 3rd year
Anthology of students’ opinions on PM
Our textbook
• Postgraduate courses for residents, GPs, internists, etc.

• Lectures at meetings, i.e. symposia on PM at the Romanian Congress of Internal medicine

• Gastroenterology 2016, 2017

• CME lectures
• International Symposium of Psychosomatic Medicine March 2003

• keynote speakers Tatjana Sivik and Paul Enck

• several regional contributors
Proceedings of this meeting
Continuation

- International Symposium of Neurogastroenterology Brașov 22-25 Sept. 2005
- Keynote speakers:
  - Douglas Drossman,
  - Paul Enck,
  - Mladenka Tkalcic, et al
Universitatea de Medicină și Farmacie Iuliu Hațeglanu Cluj
Societatea Română de Psihosomatică aplicată
Societatea Română de Neurogastroenterologie

INVITAȚIE

AL DOILEA SIMPOZION DE MEDICINĂ
PSIHOSOMATICĂ
24-25 FEBRUARIE 2006, CLUJ

Amfiteatrul Clinicii Medicale III
Str. Croitorilor 19-21, Cluj

PROGRAM

Sprijinit printr-un grant al American Psychosomatic Society
2\textsuperscript{nd} International Symposium of Neurogastroenterology

Cluj 04-07.10. 2007

Session on PM

Grant CEEX 127/2006
2nd International Symp Neurogastroenterology
4-7 Oct 2007, Cluj
COURSE OF PSYCHOSOMATIC MEDICINE SPONSORED BY APS

CLUJ 06.03.2007
Hans-Christian Deter, Shin Fukudo, Robert Lane etc
Groups of Interest in Psychosomatic Medicine

• Award of APS for 2 consecutive years 2005 and 2006 (the second for nurses)

• Anatomic bases, Carmen Crivii 2013
Workshop on neurosciences

Application of basic research in clinical practice

Cluj 9-10 Oct 2008

Grant CNCSIS
SCIENTIFIC SOCIETY

• ROMANIAN SOCIETY OF APPLIED PSYCHOSOMATIC MEDICINE AND BEHAVIORAL MEDICINE

• First President Prof Iamandescu, Bucharest

• Yearly meetings
Other East European countries
Psychosomatic medicine

- not familiar in some East European countries
- Lack of interest of the health authorities in many countries of this area on the psychosocial risk factors and on the psychological determinants of diseases and management.
• CEEPUS NETWORK OF PSYCHOSOMATIC MEDICINE
  • RO128: 2003-2005
  • CEEPUS II: RO 016: 2005-2010
  • Ceepus III: till 2016

• Participating centers:
  • Cluj (3), Brașov, Szeged, (Kecskemet), Zagreb, Rijeka, Graz, Stara Zagora, Sofia, Innsbruck, Budapest, Sarajevo, Lodz, Plovdiv
With Bulgarian colleagues,
Cluj Oct 2007
Conclusions

• ECPR: major start point for the development of PM in East Europe
• Enhanced networking
• Enhanced formation in PM
• PM not psychiatry